



BJ Lange is a resident of Los Angeles and a native of St. Louis, Missouri. He is an alumnus of iO West (formerly improvOlympic West), Upright Citizens Brigade, and a graduate of The Second City Conservatory – where he is now an instructor. He has also studied at The Groundlings Theater.

BJ has been seen on MTV, Jimmy Kimmel Live, The Rookie, The Prank Panel, and General Hospital.

Early in BJ's career, his talents led him to hosting national televised events and tours such as Maxim's Spring Break in Panama City Beach, The World Series of Video Games (CBS Sports), and GameRiot (MTV2).

BJ's on-stage career began in middle school theatre followed by high school, college, and into the community. He also found himself working in radio – landing a role as the stunt boy on the nationally syndicated Steve & DC Radio Network which, not surprisingly, got him arrested for many critically-acclaimed stunts.

Live events are where BJ continued to thrive as he kept audiences entertained hosting events such as the Simon® dTour Live! Presented by ABC Family, X-Games BMX Jams, and the LG National Texting Championship and Mobile World Cup. BJ also toured with famed Disney star Selena Gomez, collaborating as host of the Monte Carlo movie tour. BJ's host and hosting and gaming background led him to host "Meet Your Makers" a 60 minute late-night talk show event for Electronic Arts at the GameStop Manager's Conference.

BJ has performed worldwide, including performances in Germany for the U.S. Army, and in Blackpool England where he performed at the Pleasure Beach Amusement Park.

Around Los Angeles, you can find BJ playing with various groups such as his two-man comedy duo, Tacklebox Improv. The ensemble has performed at the Alaska State Improv Comedy Festival, Improvaganza! Hawaii Festival of Improv, the Omaha Comedy Festival, and the Baton Rouge Improv Festival.

Off mic, screen and stage his passions include beatboxing, riding motorcycles, aviation, barbecuing, and volunteering. BJ is a private pilot, a nationally

registered EMT, and an amateur (HAM) radio operator.

Service is one of BJ's core values. He proudly volunteers as a Public Affairs Officer in Civil Air Patrol (United States Air Force Auxiliary), where he is also an accomplished aircrew member. Through his volunteer service he received many awards including a Presidential National Disaster Relief ribbon, a "Find" ribbon for his Search & Rescue service, and Public Affairs Officer of The Year for both the Missouri Wing and the North Central Region of CAP. BJ is also a recipient of the American Legion's Medal for Outstanding Heroism.

An avid veteran, arts, and cancer advocate, BJ serves on multiple non-profit boards including the Testicular Cancer Awareness Foundation, The Ledge Theatre, and Mission Warriors.

BJ is a medically retired United States Air Force Reserve aerospace medical technician (Air Force medic) and a two-time testicular cancer survivor. He is an ambassador and mentor in the Air Force Wounded Warrior Program (AFW2), where he also serves as a comedy coach teaching applied improv as part of AFW2's Wellness and Resiliency Program.

BJ is a proud past cast member of DIAVOLO Dance Theatre's Veterans Project which performed at The Kennedy Center. He is the company emcee for Warriors For Peace Theater, a veterans Shakespeare Company, as well as a member of the Veterans of Comedy, and a leadership fellow for Veterans in Media & Entertainment.

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Learn more and watch BJ follow his dreams at:

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